

# CJHS 9th Grade Dance Team Tryouts

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Parents/Guardians and Tryout Candidates:

To be eligible to tryout for the CJHS 9th Grade Dance Team, all persons must pick up a packet located outside my classroom. Bring all paperwork to my classroom NO LATER THAN Friday, February 22.

Your student will be expected to attend a MANDATORY dance camp. Dates will be announced later.

## Tryout Schedule

Tryouts will be held the week of February 25 - February 28 from 3:30 - 5:00 PM each day.

In order to tryout each person must bring the following items to tryouts:

1. Student/Parent Information Sheet
2. Current Physical (not needed if one is on file for 2018-2019 school year and is current)
3. Signed Sports Medicine Form (not needed if one is on file for 2018-2019 school year and is current)
4. Commitment Form

All candidates should wear the following: **solid white shirt, royal blue Softe/Nike shorts, white socks, and athletic tennis shoes or dance shoes.** Candidates may not wear any clothing that is associated with Conway Cheerleading or Dance Team.

- ★ **Absolutely NO jewelry allowed**
- ★ **Hair must be all the way up in a ponytail and out of face - no ribbons or bows**
- ★ **Meet in the north gym early and warm up prior to tryouts. Tryouts will begin on time.**
- ★ **NO PARENTS, FRIENDS, OR ANY OTHER UNAUTHORIZED PERSONS ALLOWED IN GYM DURING TRYOUTS!!!**

Financial responsibility for dance uniforms, camps, and accessories will be discussed at the parent meeting.

It is important to remember that dancing is not just a commitment during school hours; it also requires much time outside of school. These out-of-school times will be mandatory, and no absence except another school activity or unforeseen emergency (such as illness or death in the family) will be excused.

The financial responsibility will be approximately \$250. This amount offsets the cost of camp and includes accessory items the girls will need such as poms, shoes, etc.

**\*If your student makes the team, there will be a MANDATORY PARENT MEETING on Tuesday, March 26 from 6:30-7:30 in the CJHS Auditorium in the North Building. Your student and at least ONE PARENT MUST ATTEND.**

Good luck at tryouts! CO CATS!

**Katie Vinson**

9th Grade Pre-AP/On-Level English

9th Grade Dance Coach

[Vinsonk@conwayschools.net](mailto:Vinsonk@conwayschools.net)

CJHS Office (501) 450-4840

\*\*\*Bring this form along with the sports medicine, commitment, and physical form to Coach Vinson's classroom prior to tryouts. These forms must be completed, or you cannot participate.

# Contestant Information Sheet

Name:\_\_\_\_\_

Parent(s) Name(s):\_\_\_\_\_

Parent(s) Best Phone Number:\_\_\_\_\_

Parent(s) Email Address:\_\_\_\_\_

Contestant's Phone Number:\_\_\_\_\_

Contestant's Birthday:\_\_\_\_\_

Contestant's Address:\_\_\_\_\_

Emergency contact name and number other than above:

\_\_\_\_\_  
\_\_\_\_\_

Are there any **current** medical conditions that the coaches should know about: For example: allergies, asthma, concussions, breaks/sprains, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## CHECKLIST:

- \_\_\_ Contestant Information Sheet
- \_\_\_ Consent Form (Not needed if on file for the 2018-2019 school year)
- \_\_\_ Sports Medicine Form (Not needed if on file for the 2018-2019 school year)
- \_\_\_ Commitment Form



# CJHS Dance Commitment Form

Date: \_\_\_\_\_

Dear Contestants and Parents,

Please know that if you make the dance team, it is not just a commitment during school hours; it also requires time outside of school. These out-of-school times will be mandatory, and no absence except another school activity or unforeseen emergency (such as illness or death in the family) will be excused.

Our season starts in August and does not end until basketball season is over in February. We will attend all 9th grade Blue and White home football and basketball games. If your daughter is involved in competitive dance she will not be excused from any school practice or ball games due to her competitive events. If you feel this commitment will be a problem for your daughter, please don't take the position of someone who is willing to be committed to our school/dance team.

The financial responsibility will be approximately 250. This amount offsets the cost of camp and includes accessory and uniform items the athletes will need such as poms, shoes, etc.

I understand this commitment.

Student Signature:\_\_\_\_\_

Parent Signature:\_\_\_\_\_